



LiveWell Results

Section	Points	Percent of Points
Physical Fitness	52/100	52%
Physical--Nutritional	52/100	52%
Physical Self-Care	48/100	48%
Drugs & Driving	66/100	66%
Social--Environment	68/100	68%
Emotional Awareness	80/100	80%
Emotional Controll	76/100	76%
Intellectual	74/100	74%
Occupational	58/100	58%
Spiritual	74/100	74%
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Composite Score	648/1000	64%

What do these percents Mean?

90 - 100%	Excellent - Super Job!
80 - 89%	Good - Better Than Most
70 - 79%	Average - Mediocrity is ok, but?
60 - 69%	Fair - Reassess your present lifestyle
Less than 60%	Poor - Are you really trying?

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