

handling pregnancy challenges

environmental toxins + body-mind stressors

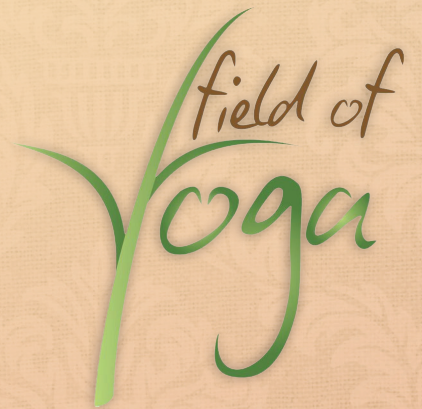
cultivate a positive internal environment for healthy growth and strong connection.

education movement relaxation
for pre-conception, pregnancy, and labor.

with Suzanne Bartlett, MD and
Laura Christensen, RYT, CPT

sat aug 24

2 pm
2 hours
\$45



sign up online:

fieldofyoga.com

