



CELTIC CULTURES

BH 06/21-1 (REVISED June 13)



DAY 1

Friday, June 21, 2013

Make sure you have your **passport** with you as you depart for the airport.

- Pack all medication in your carry-on
- Pack a day or two worth of clothes, in your carry-on, as well as your camera, outlet adaptors and power cords, just in case your luggage has delayed arrival.
- Wear comfortable walking shoes for traveling through airports and for the excursions planned when you arrive into the British Isles.
- Make sure you sleep during your flight as you will have a full day when you arrive.
- Drink a lot of water on your flight. Did you know that dehydration adds to jet lag?

DEPARTURE

- Greet your fellow Ambassadors in your departure city before boarding your international flight to the UK.

2013 CELTIC CULTURES

People to People Ambassador Programs | Dwight D. Eisenhower Building | 1956 Ambassador Way
Spokane, WA 99224-4001 | 800-669-7882 | Fax 877-284-4517



DAY 2

Saturday, June 22, 2013

LONDON, ENGLAND

London is the capitol of England and the United Kingdom. London is a leading global city, with strengths in the arts, commerce, education, entertainment and fashion. London has been described by some as a world cultural capital and is the world's most visited city. The currency used in the United Kingdom is the GBP (British Pound).

Did you know that there are over 300 languages spoken by Londoners?

ACTIVITIES

- Welcome to London! Meet your Delegation Manager upon arrival.
- Safety first, don't forget that traffic runs a different direction in the UK than in the U.S. so be aware before getting to your motor coach.
- Enjoy one of the most spectacular views of London from the world's tallest observation wheel, The EDF Energy London Eye. This astonishing 443 ft high ride provides a fantastic panoramic view of the city from 32 enclosed air-conditioned capsules. The height of the London Eye is the equivalent of 64 red telephone boxes piled on top of one another! WOW!

ACCOMMODATION

Jurys Inn Croydon
Wellesley Road
Croydon
England
CR0 9XY
Tel:011 44 208 448 6000
Fax:011 44 208 448 6111
Reception Hours:24 hours
Facilities: Wifi (fees will apply)

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DAY 3

Sunday, June 23, 2013

PARLIAMENTARY BRIEFING

Be prepared to learn and discuss the differences between British Parliament and U.S. government.

STUDY AHEAD

Recommended preparation for this workshop would include research on U.K. Parliament as well as the European Union and the role of the Monarchy in U.K. government.

RECOMMENDED ATTIRE FOR TODAY

Today you will be meeting a former Member of Parliament as well as attending the theatre so you may want to dress up. Please be prepared to do a lot of walking today so your attire should include comfortable shoes.

ACTIVITIES

- One of the privileges of traveling as a Student Ambassador is gaining access to people and places you would otherwise not have the opportunity to on your own. Today you will take part in an exclusive access meeting with a current or former Member of Parliament. This unique opportunity explores the British Constitution and discusses the respective roles of the House of Commons, the House of Lords and the Monarch, and England's long standing political relationship with the US - a true honor for Student Ambassadors.
- Enjoy lunch at the Medieval Banquet, presided over by King Henry VIII and his serving maidens in this most atmospheric vaulted undercroft. Feast on roast chicken and vegetables before heading off to your next visit of the day.
- Also during your visit to the Tower of London you may meet the Yeoman Warders, or "Beefeaters", who guard the tower and are caretakers of the mysterious ravens. Legend has it that if the ravens ever leave the Tower, the Kingdom will fall!
- Cruise the River Thames taking in many of the city's famous sights. It is here on the River Thames that the beautiful Tower Bridge is located. You may remember during the London Olympics, the Olympic rings hung on this bridge making this iconic beauty even more spectacular. Unfortunately for us the rings no longer hang on the bridge, however the beauty of Tower Bridge remains.

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- Spend an evening experiencing the glitz and glamour of London's world famous theatre scene, attending a performance of one of the capital's most popular shows.

ACCOMMODATION

Jurys Inn Croydon

Wellesley Road

Croydon

England

CR0 9XY

Tel:011 44 208 448 6000

Fax:011 44 208 448 6111

Reception Hours:24 hours

Facilities: Wifi (fees will apply)

DAY 4 Monday, June 24, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable clothing with sturdy walking shoes that are sensible for outdoor conditions.

ACTIVITIES

- This morning you will make your way to Buckingham Palace to view the precisely choreographed Changing of the Guard. Did you know that Buckingham Place is the official residence and principal workplace of the British monarch?

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- Discover London with a Blue Badge Guide - an expert on England's capital. Pass by sites, attractions and buildings often seen in the movies and which are world famous. See the royal palaces, the lions in Trafalgar Square, the magnificent Palace of Westminster, St. Paul's Cathedral, Tower Bridge and the most famous clock in the world, Big Ben.
- On arrival at Warwick, you will have time to explore the magnificent, medieval castle. In 1068, William the Conqueror fortified the site, which overlooks the river Avon. Imagine yourself in the Middle Ages as you explore the dark and gloomy dungeon, gruesome torture chamber and splendid armory.
- Calling all Student Ambassadors! Are you brave enough to join the Earl of Warwick's celebrated army? This evening, you will be whisked back in time and invited to train as a soldier in a specially recreated medieval encampment! You will be taught the arts of sword fighting, bill drill training and other pre-battle rituals before being treated to the spectacular sight of the firing of the world's largest trebuchet (catapult). With the summer sun softly shining on your back, this wonderful and unique experience will live long in the memory! You will truly enjoy this People to People exclusive opportunity.

ACCOMMODATION

Hilton Birmingham Metropole Hotel

National Exhibition Centre

Birmingham

England

B40 1PP

Tel:011 44 121 780 4242

Fax:011 44 121 780 3923

Reception Hours:24 hours

Facilities: Free Wifi

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DAY 5

Tuesday, June 25, 2013

CHESTER, ENGLAND

Chester is a historic Roman town that was founded as a Roman fort in AD79 by the Roman Legio II Adiutrix. Chester has a number of mediaeval buildings and is one of the best preserved walled cities in Britain.

WALES

Wales is a country that is part of the United Kingdom and the island of Great Britain, bordered by England. Although the majority of the population speaks English, the native language is Welsh. As a matter of fact, you may even see many bilingual road markings during your time in Wales.

FOR YOUR DAYPACK

- Your refillable water bottle
- iPod
- Book
- Journal (travel days are a great time to catch up on your journaling)
- Cards or other small travel games

RECOMMENDED ATTIRE FOR TODAY

Today you will be traveling from England north into Wales so comfortable travel clothes are recommended.

ACTIVITIES

- Today we will travel north into your second Country during your journey, Wales. Before we arrive in Wales we will stop and explore Chester.
- Spend some time exploring the wonderful Roman city of Chester, which was once the capital of Great Britain. Receive a guided orientation from your Delegation Manager of the Amphitheatre and the fortress walls before breaking into groups and exploring this historic city on your own.
- Be welcomed by the Welsh Country Manager, and receive an introduction to Wales, local sights and activities.

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ACCOMMODATION

Holiday Inn A55 Chester West

Westbound A55

Northop Hall

Chester

England

CH7 6HB

Tel:011 44 124 455 0011

Fax:011 44 124 455 0763

Facilities: Free Wifi

DAY 6

Wednesday, June 26, 2013

BANGOR, WALES FULL-ON PERSONAL GROWTH EXPERIENCE

This location of is one of four for the Full On experience. The Wales Full On experience not only will challenge you, your limits and perceptions but put you to the true test; stepping out of your comfort zone. The experience is concluded by allowing you the opportunity to rappel from the top of the 75 foot tower at Penrhyn Castle! For some, this will be the ultimate challenge.

From the top of Penrhyn Castle you will have one of the most spectacular views of Snowdonia National Park and the Irish Ocean.

This Full On experience has been designed exclusively for People to People.

FOR YOUR DAYPACK

- Your refillable water bottle
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

- Comfortable clothing – pants or capris preferred- no skirts
- Sturdy and supportive shoes

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ACTIVITIES

- Today is all about challenge, excitement and energy! Get ready for a day full of adventure and personal growth through interactive and challenging workshops led by the Full On team. You will have the opportunity to learn leadership skills, set personal goals and step outside your comfort zone. Conquer FEAR by abseiling 75 feet off a tower wall at Penrhyn Castle!

ACCOMMODATION

Holiday Inn A55 Chester West

Westbound A55

Northop Hall

Chester

England

CH7 6HB

Tel:011 44 124 455 0011

Fax:011 44 124 455 0763

Facilities: Free Wifi

DAY 7
Thursday, June 27, 2013

IRELAND

Ireland is an island to the north-west of continental Europe. It is the third-largest island in Europe and the twentieth-largest island on Earth. Ireland is one of the islands, along with Great Britain and over six thousand smaller isles, which make up the British Isles. The capital of the Republic of Ireland is Dublin and the currency is the Euro.

Do you know which One Direction band member is from Ireland?

FOR YOUR DAYPACK

- If you get motion sick you may want to pack whatever remedy you typically use.
- Your refillable water bottle
- iPod
- Book
- Journal (travel days are a great time to catch up on your journaling)
- Cards or other small travel games

RECOMMENDED ATTIRE FOR TODAY

Today you will be traveling by Ferry from Wales to Ireland so comfortable travel clothes are recommended.

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ACTIVITIES

- This morning, make your way to the ferry port where your ferry will take you across the Irish Sea to Ireland.
- If time permits on your way to the Ferry port you will Encounter the village that boasts one of the world's longest station names:
Llanfairpwllgwyngyllgogerychwyrndrobwylllantysiliogogoch!
- Bunratty Castle is one of Ireland's major historical sites. Built in the 15th Century and restored to its original condition in the 1950s, Bunratty was home to many Earls and important residents of County Clare.
- Adjacent to the castle is Folk Park, a re-created rural village typical of Ireland at the turn of the century. The village boasts shops and a range of domestic architecture, including a labourers' cottage and an elegant Georgian residence.

ACCOMMODATION

Maldron Hotel Limerick
Southern Ring Road
Roxboro
Limerick
Republic of Ireland
Tel:011 353 61 436 100
Fax:011 353 61 436 110
Reception Hours:24 hours
Facilities: Free Wifi

DAY 8

Friday, June 28, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable clothing with comfortable walking shoes.

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ACTIVITIES

- Today you will experience the natural beauty of Ireland as you travel the Gap of Dunloe in a horse-drawn jaunty cart. The Gap of Dunloe is a narrow mountain pass carved by glaciers millions of years ago.
- At Lord Brandon's Cottage, which was formerly a hunting lodge, you will stop for lunch and to admire the views at the bottom of the gorge, before embarking on a breath-taking cruise across one of the tranquil lakes.
- During your time at the Gap you will travel across the Lakes of Killarney by boat which during this hour long trip you will enjoy the stunning views of the surrounding mountains. This will be a day to remember.

ACCOMMODATION (REVISED)

Harmony Inn Killarney

Muckross Road

Killarney Republic of Ireland

Tel:011 353 87 908 2745

Fax:011 353 81 841 1018

Reception Hours:24 hours

Facilities: Free Wifi

DAY 9

Saturday, June 29, 2013

A DAY OF SERVICE WITH IRISH YOUTH

Today you will have the opportunity to serve the small coastal community of Cahersiveen Ireland. You will meet Irish students from the Kerry Diocesan Youth Services group who will join you in service projects throughout the community. Today will be about fulfilling the mission set forth by President Eisenhower "to bridge cultural and political borders through education and exchange, creating global citizens and making the world a better place for future generations."

FOR YOUR DAYPACK

- Rain gear
- Your refillable water bottle
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

- Comfortable clothing
- Comfortable and sturdy shoes
- "Wellies" or rain boots as we call them in the U.S. (not necessary at all however if it is a wet day in Ireland they could be handy for some outdoor activities such as cutting peat out at the bog)

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ACTIVITIES

- Welcome to Cahersiveen, famous for Daniel O'Connell the 19th Century Irish Politician and campaigner for both Catholic emancipation and for Repeal of the 1801 Act of Union between Ireland and Great Britain.
- Our morning will start with a stroll through the town learning about local history, political and economic issues as well as the flora and fauna that is to be found in these wonderful hills overlooking the Atlantic.
- Step back in time and learn how to cut peat with John. Once dried, this will then be given back to the elderly of Cahersiveen to burn for winter fuel.
- Join our Irish hosts in a day supporting the local community - preparing and delivering meals for the elderly, visiting the local hospital and working in the gardens of this community.
- Be welcomed at St Mary's Gaelic Athletic Association to learn the Irish sports of hurling or Gaelic football.
- This evening prepare for a ceili where you will learn the art of Irish music and dancing whilst enjoying a traditional Irish meal. If you have not already learnt about "the craic" you will have done before the end of the evening!

ACCOMMODATION (REVISED)

Harmony Inn Killarney
Muckcross Road
Killarney Republic of Ireland
Tel:011 353 87 908 2745
Fax:011 353 81 841 1018
Reception Hours:24 hours
Facilities: Free Wifi

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DAY 10
Sunday, June 30, 2013

DUBLIN, IRELAND

Dublin is the capitol of Ireland and famous for its Georgian Architecture, famous writers and poets as well as musicians and actors. Did you know Colin Farrell, Bono, and Danny O'Donoghue from the Script are all from Dublin?

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable clothing with comfortable walking shoes.

ACTIVITIES

- Today we begin with a coach journey to Dublin, Ireland to meet your home stay family.
- Spend some time exploring Ireland's capital city of Dublin. Receive a guided orientation of such famous landmarks as St Patrick's Cathedral, Phoenix Park, Trinity College and statue-lined O'Connell Street, before breaking into groups and exploring this historic city on your own.
- Meet your home stay family and be welcomed in your new Irish home.
- Spend the evening with your Dublin homestay family and enjoy dinner with them. Take the opportunity to get to know more about family life in Ireland.

ACCOMMODATION

Homestay

Please call People to People Program Office in case of emergency

Phone: 1 800 669 7882

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DAY 11

Monday, July 01, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable clothing with comfortable walking shoes.

ACTIVITIES

- After breakfast with your home stay family you will meet up with your delegation for a day exploring. Do not worry, you will return to your home stay family in the afternoon.
- Gaelic Athletic Association (GAA) Museum in Dublin explains the traditional Irish sports of Gaelic Football and Hurling. You will learn how the organization played a pivotal role in modern Irish history.
- Stroll through Dublin's central shopping area, which runs from O'Connell Street to Grafton Street.
- Immerse yourself in Dublin's culture and tradition by completing the 'Famous Dubliners' interactive quiz. A great way to discover the city.
- Spend the evening with your Dublin homestay family and enjoy dinner with them. Take the opportunity to get to know more about family life in Ireland.

ACCOMMODATION

Homestay

Please call People to People Program Office in case of emergency

Phone: 1 800 669 7882

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DAY 12
Tuesday, July 02, 2013

NORTHERN IRELAND

Northern Ireland is a part of the United Kingdom in the northeast of the island of Ireland and shares a border with the Republic of Ireland. Belfast is the capitol of Northern Ireland and Northern Ireland's currency is the GBP. You will always remember your time shared in Northern Ireland.

Do you know which U.S. President was an important supporter of the peace and reconciliation in Northern Ireland?

STUDY AHEAD

Recommended preparation for your time in Northern Ireland would include research on The Good Friday Agreement.

FOR YOUR DAYPACK

- Your refillable water bottle
- Camera
- Sweater
- Journal (travel days are a great time to catch up on your journaling)

RECOMMENDED ATTIRE FOR TODAY

Today you will be saying good-bye to the Republic of Ireland as you are welcomed into Belfast, Northern Ireland. We recommend comfortable but conservative dress today.

ACTIVITIES

- Today you will say goodbye to your host family so don't forget to exchange address information, so you can keep in touch! Make sure you haven't left anything behind.
- Discover the capital city of Belfast with your professional Blue Badge Guide. Learn how the city suffered during the period known as 'The Troubles' but has latterly undergone a period of calmness and economic growth. See the dry dock at the Harland and Wolff shipyard where the infamous ocean line Titanic was built.

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ACCOMMODATION

Express by Holiday Inn Antrim M2 J1
Ballymena Road
Antrim
Northern Ireland
BT41 4LL
Tel:011 44 870 890 9977
Fax:011 44 870 890 9978
Reception Hours:24 hours
Facilities: Free Wifi

DAY 13
Wednesday, July 03, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable but conservative clothing with sturdy walking shoes that are sensible for uneven outdoor conditions.

ACTIVITIES

- Today will be all about exploring the natural beauty of Northern Ireland and the coastline at the Atlantic Ocean.
- Carrick-A-Rede means 'The Rock in the Road'. For 350 years, salmon fishermen have crossed a rope bridge over an 85 feet deep and 65 feet wide chasm to check their nets. Today it is your turn to enjoy this fabulous challenge.
- Discover the facts and fiction about the Giant's Causeway and the 40,000 interlocking basalt columns. Were these the result of an ancient volcanic eruption, or the work of the legendary Irish giant Finn MacCool who built the causeway to walk to Scotland to fight the Scottish giant Benandonner?

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- Another great part of traveling as a Student Ambassador is the ability to not only visit new places but become part of the culture and destination itself. Today you will have the opportunity to visit a local Belfast school and spend time interacting with the local school children and learning about school life in Northern Ireland. Be prepared to make new friends!

- The Road to Peace. Learn the history of The Troubles in Northern Ireland - why they started, the effect they had on the people of Northern Ireland and how this has changed for the better since the signing of the Good Friday Agreement. You will also have the opportunity to meet with locals and discuss how this period influenced their childhoods.

ACCOMMODATION

Express by Holiday Inn Antrim M2 J1

Ballymena Road

Antrim

Northern Ireland BT41 4LL

Tel:011 44 870 890 9977

Fax:011 44 870 890 9978

Reception Hours:24 hours

Facilities: Free Wifi

DAY 14
Thursday, July 04, 2013

SCOTLAND

Today you arrive in Scotland; a land of amazing beauty with its soaring mountains and sparkling lochs. Scotland has an intricate past, which is expressed in a rich and diverse cultural heritage which you will enjoy during your stay in the country. Scotland's currency is the GBP.

Do you have Scottish ancestry? Do you know your family clan name and tartan?

FOR YOUR DAYPACK

- If you get motion sick you may want to pack whatever remedy you typically use.
- Your refillable water bottle
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

- Comfortable clothing
- Comfortable walking shoes

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ACTIVITIES

- Make your way to the ferry port where your ferry will take you across the Irish Sea to Cairnryan, Scotland.
- Discover the medieval town of Stirling - once regarded as the most strategically important town in Scotland. It was at Stirling Bridge that Braveheart - William Wallace outmaneuvered the English army and inspired the idea of an independent Scotland. The heart of the ancient town still survives today and gives Stirling its distinctive and historic appearance. The old town trail starts at the Castle Esplanade car park, comes down into the medieval old town streets and through the old town defenses.

ACCOMMODATION

Macdonald Loch Rannoch Hotel

Kinloch Rannoch

Scotland

PH16 5PS

Tel:011 44 844 879 9059

Fax:011 44 1882 632203

Reception Hours:24 hours

Facilities: Wifi (fees will apply)

DAY 15
Friday, July 05, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable clothing with comfortable walking shoes that are sensible for uneven outdoor conditions.

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ACTIVITIES

- Be the envy of every golfer with a stop at the world-famous Old Course in St. Andrews.
- Visit one of Scotland's finest golfing academies, Elmwood College, where you can try your hand at chipping and driving with help from a local golfer.
- Explore St. Andrews, one of the most historic towns in Scotland. St Andrews University, founded in 1412, was where Prince William, heir to the British throne, studied. (2001 - 2005) West Sands, is one of Scotland's best beaches and was the location for many scenes in the film 'Chariots of Fire'.

ACCOMMODATION

Macdonald Loch Rannoch Hotel
Kinloch Rannoch
Scotland PH16 5PS
Tel:011 44 844 879 9059
Fax:011 44 1882 632203
Reception Hours:24 hours
Facilities: Wifi (fees will apply)

DAY 16
Saturday, July 06, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Towel
- Spare set of dry clothes and shoes
- Water shoes (not mandatory but old pair of shoes that can wet is recommended)
- Sweater
- Camera

STUDY AHEAD

Recommended preparation for your time in the highlands would include Queen Victoria. Today you will walk in the footsteps of Queen Victoria as you explore Blair Castle and the amazing grounds, a place she visited and much enjoyed in the 1800's.

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable old clothing with sturdy walking shoes that are sensible for uneven outdoor conditions.

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ACTIVITIES

- Starting from the old market town of Aberfeldy, practice newly learnt rafting skills on the River Tay as it winds through rolling hills and stunning scenery, before the river drops away and creates the more challenging rapids that flow down to Grandtully.
- If you are lucky, you may have the opportunity to catch a glimpse of the home to famed author of the Harry Potter series, J.K. Rowling, located near the banks of the River Tay.
- This afternoon you will experience Blair Castle, the ancient seat of the Dukes and Earls of Atholl, has its roots in the 13th century and a history that extends over some 740 years. This traditional Scottish Estate is set in 142,000 acres of land. Enjoy exploring the Atholl Estate as you also learn about nature, economy and conservation.
- This evening has been arranged just for Student Ambassadors. You will participate in a living history demonstration from an ancient highlander! You will learn the traditions of Scotland in a way that brings to life your school books. Weapons, kilts and clans!

ACCOMMODATION

Academy Hotel

Aviemore Centre

Aviemore

Scotland

PH22 1PN

Tel:011 44 1479 815100

Fax:011 44 1479 815111

Reception Hours:24 hours

Facilities: Wifi (fees will apply)

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DAY 17

Sunday, July 07, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable clothing with sturdy walking shoes that are sensible for uneven outdoor conditions.

ACTIVITIES

- This morning we go hunting for Nessie! The worldwide fame of Loch Ness owes more to the legend of its famous occupant, the Loch Ness Monster - or 'Nessie' - than the breathtaking location of the loch itself. You will learn about the research undertaken in the past by explorers seeking the monster.
- Spend the afternoon with a visit a traditional Scottish farm and learn about the training for sheepdogs as you observe them performing under full control of their handler in the beautiful surroundings of the Scottish highlands. As part of the sheepdog demonstrations, you will also get to see first-hand sheep shearing, try bottle-feeding orphan lambs and watch the collie dog pups herd ducks instead of sheep as part of their training.
- Take part in Highland Games with a Highland Chieftain and a prize for the winning team! You'll also be visiting a working farm, a traditional sweet shop and encountering life in a 1700s Highland township at the Highland Folk Museum.

ACCOMMODATION

Academy Hotel

Aviemore Centre

Aviemore

Scotland

PH22 1PN

Tel:011 44 1479 815100

Fax:011 44 1479 815111

Reception Hours:24 hours

Facilities: Wifi (fees will apply)

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DAY 18
Monday, July 08, 2013

FOR YOUR DAYPACK

- Your refillable water bottle
- Rain Gear
- Sweater
- Camera

RECOMMENDED ATTIRE FOR TODAY

Today we recommend comfortable clothing with comfortable walking shoes that are sensible for uneven outdoor conditions.

ACTIVITIES

- Visit Edinburgh Castle perched atop the crags of an ancient volcano right in the center of the city.
- See stunning Georgian and Victorian architecture and medieval streets, the Old Town of Edinburgh and capital of Scotland is a UNESCO World Heritage Site.
- Have fun taking part in "The Royal Mile Murder Mystery" - an interactive quiz along the famous Royal Mile. As its name suggests, it is approximately one Scottish mile long and runs between Edinburgh Castle at the top of Castle Rock, down to Holyrood Abbey.
- Prepare for your flight tomorrow as you pack your belongings. Please make sure all of your valuables make it home by double and triple checking your surroundings on the motor coach as well as your hotel room.

ACCOMMODATION

Scottish Youth Hostel Stirling
Scottish Youth Hostels Association
St. John Street
Stirling
Scotland
FK8 1EA
Tel:011 44 870 004 1149
Fax:011 44 870 004 1249
Reception Hours:24 hours
Facilities: In House Laundry, Wifi (fees will apply)

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DAY 19
Tuesday, July 09, 2013

LOST AND FOUND POLICY

- If you love it, leave it at home! If you bring it, label it!
- **Lost items are not shipped back to the U.S however we will make every effort to return the following labeled items (if they are found) to their owners; cameras, phones, iPods, tablets, wallets and prescription eyewear that are LABLED with full name and travel group I.D.**
- Found items are shipped to the Program Office from overseas in late September at which time LABLED items are returned to their owners. A shipping fee of \$35 will be charged to the owners account.

TRAVEL DAY

- Please make sure all of your valuables make it home by double and triple checking your surroundings on the motor coach as well as your hotel room.
- Pack up your suitcase for the last time and board the coach for the airport. Remember to complete your program evaluations and exchange friendship cards with your fellow Ambassadors!
- Board the motor coach to the airport for your return flight to the United States.

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Spokane, WA 99224-4001 | 800-669-7882 | Fax 877-284-4517



KEEP CALM AND TRAVEL ON

PACKING TIPS FOR YOUR BRITISH ISLES TRAVEL EXPERIENCE

- Daypack / Backpack
- Lightweight collapsible duffel bag for potential overnight experiences that will require you to pack for one night in this bag and will not have access to your luggage.
- Refillable Water Bottle (Tap water in the UK and Ireland is perfectly safe for drinking).
- Towel and wash cloth (towels are provided in hotels for bathing, however a towel is handy to have on hand for outdoor activities).
- Light rain coat
- Light sweatshirt or sweater (even during the summer months, parts of the British Isles can be damp and cold)
- Snack bars and trail mix (if you are a picky eater or heavy 'snacker' this is highly recommended)
- Swimsuit
- Folder to place program information, take-away items, and certificates received on program for safe keeping.
- Set of old clothes and old shoes (or water shoes) for outdoor experiences that may require you to get wet and possibly muddy.

CURRENT EVENTS

- Scottish Independence
- Downton Abbey effect
- The passing of former Prime Minister Margaret Thatcher
- Who can inherit the British throne?

**In case of an *emergency*, please call our office for assistance at
1 (800) 669-7882**

We have staff available 24 hours a day during our student travel season.

PLEASE NOTE: This itinerary may change at any time without notice. Updated Schedule of Activities will be posted on your student's Onboard Account.

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