

Student: Julie Walker

Patient: John Lewis: M: 5/05/1979: 10/01/2013 03:10PM

### Chief complaint

The Chief Complaint is: Stuffy sinus.

### History of present illness

John Lewis is a 34 year old male.

He reported: Sinus pain.

Nasal discharge and nasal passage blockage.

### Personal history

Behavioral: Current smoker was 20 years.

### Physical findings

#### Vital Signs:

Vital Signs/Measurements	Value	Normal Range
Oral temperature	96.7 F	97.6 - 99.6
RR	27 breaths/min	18 - 26
PR	67 bpm	50 - 100
Blood pressure	120/87 mmHg	100-120/60-80
Weight	177 lbs	125 - 225
Height	68 in	65.35 - 74.02

#### Head:

Injuries: °No evidence of a head injury.

#### Eyes:

General/bilateral:

°Eyes: normal.

#### Ears:

General/bilateral:

°Ears: normal.

#### Nose:

General/bilateral:

Discharge: ••Nasal discharge seen.

Sinus Tenderness: ••Tenderness of sinuses.

#### Oral Cavity:

°Normal.

#### Pharynx:

°Normal.

#### Lungs:

°Chest was normal to percussion.

### Assessment

- Acute sinusitis which is improving

### Therapy

- Fluids.
- Continue antihistamines OTC.

### Counseling/Education

- Abstinence from smoking