

Student: Julie Walker

Patient: Howard Cook: M: 1/08/1974: 5/02/2012 02:00PM

Chief complaint

The Chief Complaint is: Patient reported cold or flu.

History of present illness

Howard Cook is a 38 year old male.

He reported: Headache.

Watery nasal discharge and sneezing.

Personal history

Behavioral: No tobacco use.

Physical findings

Vital Signs:

Vital Signs/Measurements	Value	Normal Range
Oral temperature	99.7 F	97.6 - 99.6
RR	25 breaths/min	18 - 26
PR	65 bpm	50 - 100
Blood pressure	120/80 mmHg	100-120/60-80
Weight	175 lbs	125 - 225
Height	72 in	65.35 - 74.02

Head:

Injuries: °No evidence of a head injury.

Ears:

General/bilateral:

°Ears: normal.

Nose:

General/bilateral:

Discharge: ••Nasal discharge seen.

Sinus Tenderness: °No sinus tenderness.

Upper Airway:

°Normal.

Oral Cavity:

°Normal.

Lungs:

°Normal.

Assessment

- Common cold

Therapy

- Fluids.
- Bed rest.