

SEMENOLOGY

The Semen Bartender's Handbook

By Paul “Fotie” Photenhauer

Smashwords edition

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I dedicate this book to all my enthusiastic fans that have supported my efforts to continue the promotion of semen in the kitchen. This book is long overdue, thank you for the support and patience.

A special thanks to Rickard Gagnér, whose well-developed semen palate was invaluable in the test kitchen.

Intro

It has been four years since I first published my semen cookbook *Natural Harvest – A Collection of Semen-based Recipes*. I originally wrote the book to change the negative view of semen as a food, and encourage readers to open their minds, kitchens and ultimately their mouths to semen. We eat milk (cow secretions) and eggs (chicken menstruation), so why all the fuss about semen's inappropriateness as food?

My cookbook has broadened the minds and culinary landscape for semen enthusiasts all over the world. Although most of my fans are from the United States, the book was warmly received in many other countries. Unsurprisingly, the culinary nations of France and Italy loved the book, and one French newspaper proclaimed that semen-based dishes were the latest fad in America. The book was smuggled into Saudi Arabia since customs wouldn't allow the book in. In Singapore the book inspired cooking classes and was regularly featured on various cooking shows. Our troops in Iraq and Afghanistan preferred the e-book versions of the book, and with their ample supplies of semen I trust that the novelty relieved the otherwise unexciting canteen cooking.

I am happy that semen is no longer neglected as a food, and I am proud that my humble cookbook was the driving force that unleashed semen into the kitchen. I have continued to develop and experiment with semen recipes along with my general cooking skills. In 2011 I used the funds generated by the sales of the cookbook to take cooking classes in Europe, both in Switzerland and in Spain. The Spanish classes were the most fun, especially the short course in bartending. Mixing drinks is fun and it is very easy to experiment and create new drinks.

Semen is an exciting ingredient that can give any cocktail an interesting twist. Semen adds an exciting personal touch to your favorite cocktail. The semen connoisseur will appreciate how alcohol can enhance the delicate semen flavors. The experienced semen bartender also carefully selects spirits that either accentuate or camouflage the taste of semen – all depending on the drinker's preference.

- *Fotie*

cookingwithcum.com

#semenology

[@semenbook](https://www.instagram.com/semenbook)

This book is also available in print at most online retailers.

Contents

Prostate Passion

Macho Mojito

Semen Rimmed Margarita

Heavenly Cognac

Semen Enhanced Absinthe

Absolute Semen

Creamier Eggnog

The Milkman Is Cumming

Grasshopper Deluxe

Mexican Cumslide

Long Island Iced Tea

Jim & Tonic

Watermelon Gin Jizz

Semen Hemorrhage

Orgasm on the Beach

Piña Cum Laude

Bellini Di Seme

Semen Bomb

Galliano Cum Shot

A Shot of Fotie

Tequila Cum Shot

Frequently Asked Questions

Special Thanks

Prostate Passion

A healthy prostate is vital for ensuring good quality semen and ample volumes. This drink is made with pomegranate, a fruit that is renowned for its positive effect on the prostate. This is the only drink in this book that does not contain semen - it is nonetheless pretty scrumptious.

½ cup Sugar

½ cup Soda water

2 oz Vodka

2 oz Pomegranate juice

3 oz Sparkling wine

Pomegranate seeds for garnish

Make sugar syrup by bringing sugar and water to a boil in a small saucepan. Stir until the sugar is dissolved and let cool.

Combine the vodka and the syrup, and mix well. Divide into two glasses filled with ice and fill with sparkling wine. Add the pomegranate seeds and then drizzle the pomegranate juice into the drink, giving the drink a beautiful pink tint.

Another way to maintain a healthy prostate is by regularly manually stimulating this inaccessible gland.



Macho Mojito

I recently learned that the name Mojito comes from the Spanish word mojadito, which translates as “a little wet.” This coincidentally also applies to many situations involving semen.

1 oz Spiced rum

Mint leaves

1 tbsp Sugar

1 tsp Powdered sugar

½ oz Lime juice

2 oz Soda water

Semen

Lime wedges

Thoroughly blend lime juice and sugar. Add the mint leaves and gently bruise the leaves to release the flavors by mashing the mixture with a muddler. Then add the rum and stir to lift up the mint leaves from the bottom of the glass. Top the drink with whole ice cubes and soda water.

Using a milk frother, gradually whisk small amounts of powdered sugar into melted semen until it reaches a creamy airy consistency. Taste frequently to achieve the perfect sweet and salty balance.

Carefully spoon the sweet froth into the side of the glass so that it gracefully cascades down the glass. Garnish with lime wedges.



Semen Rimmed Margarita

This drink is traditionally served in a salt-rimmed glass. However, the Semenologist prepares the glass with his own homemade semen salt.

1 ½ oz Tequila

½ oz Triple sec

1 oz Lime juice

Ice

Rim a chilled cocktail glass with lime juice, and dip in the semen rimming salt. Shake the ingredients with ice and strain into the glass.

Semen Rimming Salt

1 part Semen

2 parts Salt

This procedure must be done well in advance. Mix the semen and salt until the salt is completely dissolved. Place the mixture in a shallow stainless steel dish, making sure that the paste is spread out evenly. Place the dish in a warm sunny place. Once all the liquid has evaporated, crush the semen-infused salt into a powder. The semen salt is now ready to be rimmed.

Semen salt is very versatile in the kitchen, so you may decide to make a large batch.



Heavenly Cognac

It is almost a shame to add anything to a good quality cognac, anything, that is, except for semen. However, my first attempts at perfecting the blending of these two heavenly fluids were disappointing. I found, as is often the case, that simplicity is best. Splashing the semen into the well-filled glass is an entertaining way to serve cognac.

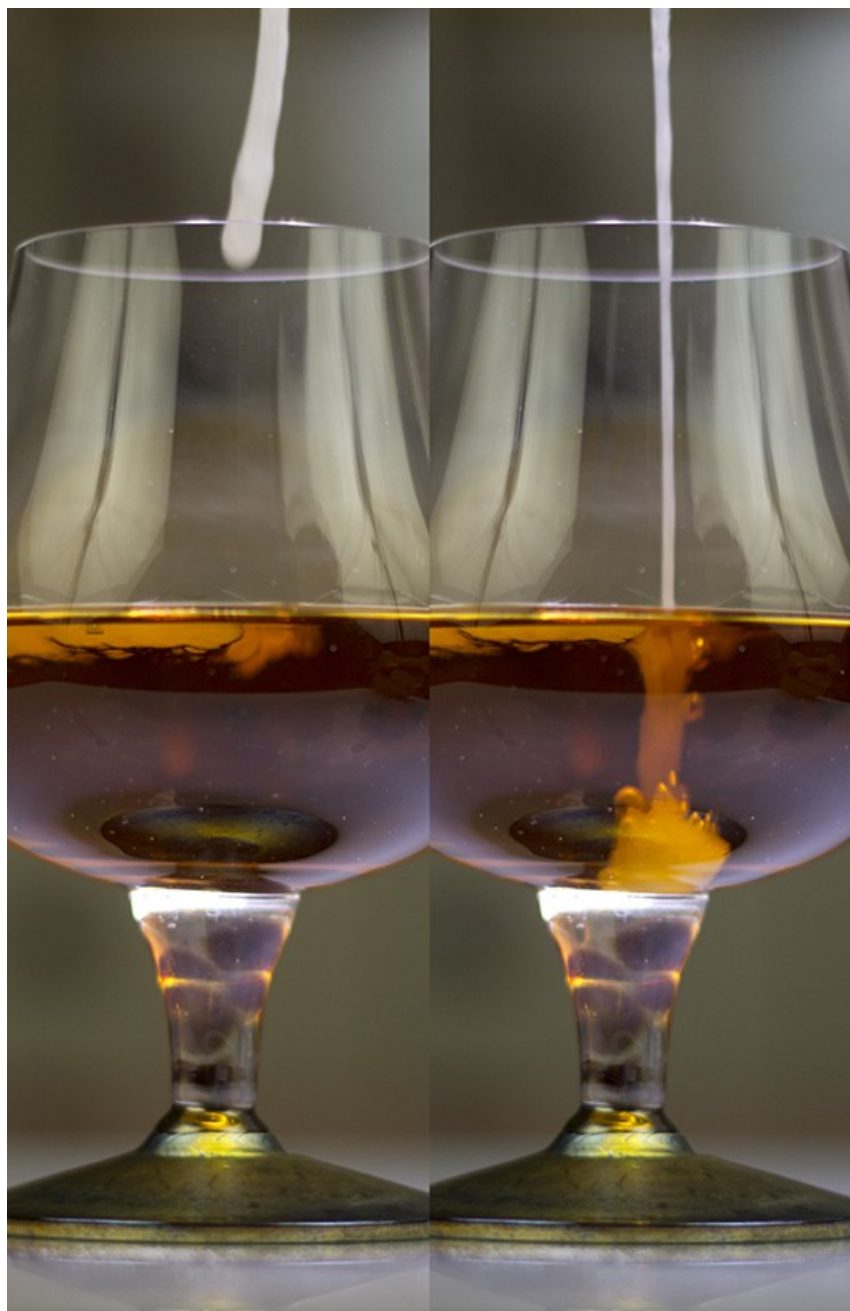
2 oz of the finest cognac you can afford

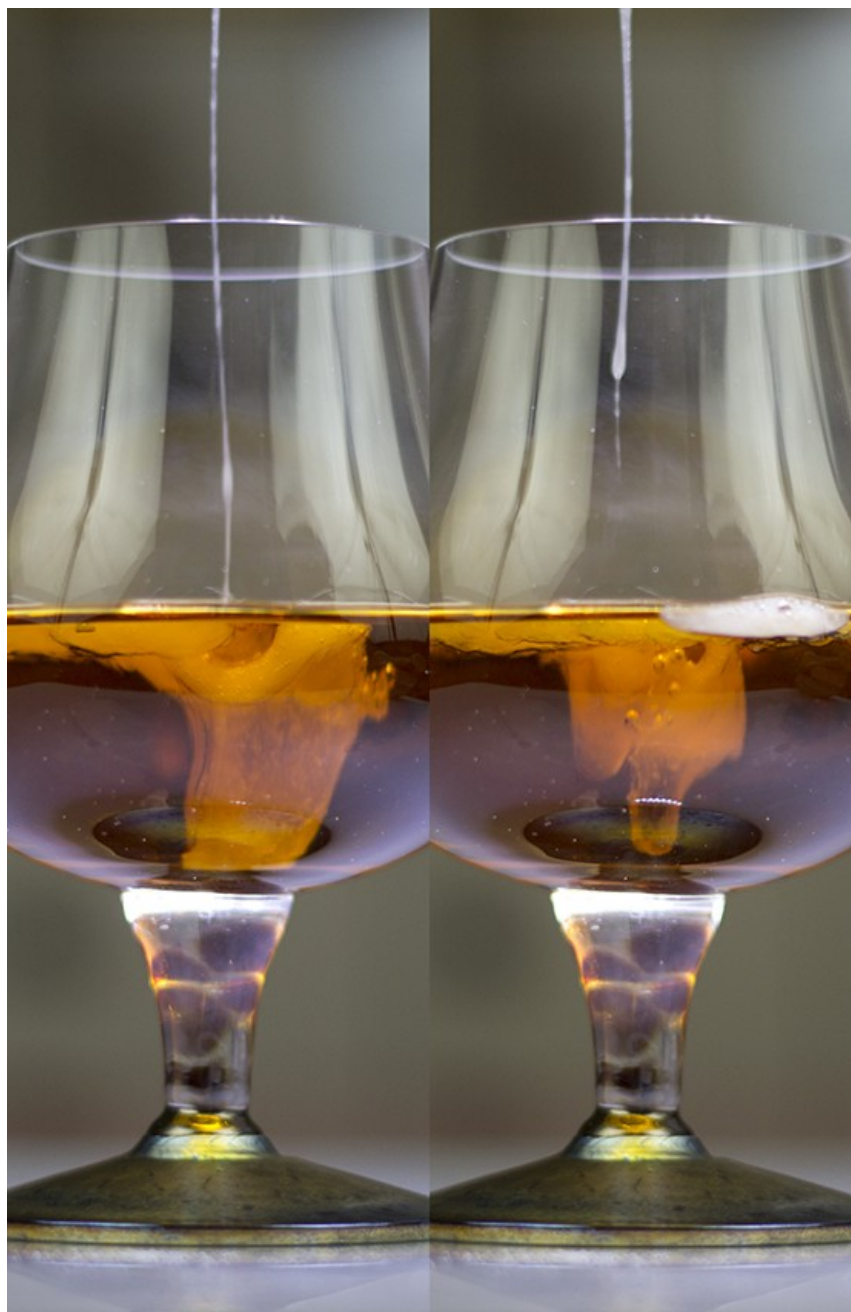
1 tsp Semen

I found that it is best to first allow the semen to just begin to melt, at the initial stage of melting. This takes a few minutes. If the semen is unusually thick, quickly dilute with a few drops of water. Splash the semen into the cognac and enjoy.

Surprisingly, I have found that unlike cognac that grows better with age, Heavenly Cognac tastes best when made with the seminal fluids of a younger producer.







Semen Enhanced Absinthe

Few drinks are as fascinating and mysterious as absinthe. Absinthe contains various herbs and other botanicals, but is most know for including wormwood. Also know as The Green Fairy, absinthe has been cherished by many prominent writers and artists. Oscar Wilde, who is one of my all-time favorites, was an avid drinker.

1 oz Absinthe

Cold water of good quality

1 Sugar cube

1 tsp Fresh semen

Aside from the taste and beautiful color, the joy of drinking absinthe lies in the way it is traditionally prepared. Place a sugar cube on a teaspoon, and then place the spoon on the glass of absinthe. Carefully spoon the semen on top of the sugar cube, trying to not get any into the glass. Then slowly drip ice-cold water over the cum-covered cube. The sweet semen water will gradually give the absinthe a whitish tint.



Absolute Semen

I only use premium vodka to make this drink; it does not make any sense to adulterate premium seed with low quality vodka.

1 ½ oz Vodka

2 tsp Fresh semen

Simply pour the fresh harvest into a shot glass and then carefully fill the glass with ice-cold vodka. Depending on your texture preference, either melted (gives a smooth drink) or unmelted (for a more gelatinous texture) semen can be used. The semen will not mix with the vodka, which means that you can prepare several glasses in advance when serving guests.



Creamier Eggnog

Homemade eggnog is much better than the industrial stuff, so it is well worth the effort. Brandy, bourbon and rum all work well, although a blend of those spirits in equal parts is the best. Eggnog connoisseurs, and semen enthusiasts, use both ingredients in their raw state for maximum taste and texture.

2 Organic eggs (separated)

½ cup Sugar

½ cup Milk

½ - 1 cup Rum, brandy or bourbon

½ cup Cream

2 tsp (or more) Semen

Freshly grated nutmeg

½ tsp Vanilla extract

In a large bowl, beat egg yolks while gradually adding the sugar. Whisk in the cold milk, cold cream and chilled semen and mix thoroughly. Stir in the blend of spirits.

In a separate bowl, beat the egg whites stiff and then fold into the creamy mixture. Sprinkle with nutmeg before serving. If you are lucky to have a large supply, you can substitute an egg for an equal amount of semen for more flavor.



The Milkman Is Cumming

In my college days, some French exchange students and I were drinking heavily one night. To our horror we discovered that we had finished all our preferred mixers. We did however, have plenty of vodka, Crème de Framboise and milk. We experimented with the three and found that the recipe below created a delicious drink.

The semen was added years later.

2 oz Vodka

1 cup of Milk

1 oz Crème de Framboise

1 – 2 tsp Semen

Pour the vodka, milk and semen into a big glass and mix well. Slowly add the Crème de Framboise (raspberry liqueur), a little at a time, so that the milk does not curdle. Garnish with fresh raspberries.



Grasshopper Deluxe

Intriguingly green and minty, the Grasshopper is a sweet refreshing after-dinner semen cocktail. Seminal fluid and mint go surprisingly well together; however, too much mint liqueur risks masking the freshly ejaculated flavors.

1 oz Crème de menthe

1 oz Crème de cacao

1 tsp Freshly melted semen

1 oz Fresh cream

Dark chocolate

Pour all the ingredients into a cocktail shaker filled with ice, and shake. Strain into a chilled cocktail glass. Garnish with grated dark chocolate.

Alternatively, for a bolder touch, add your ejaculate after pouring the glass. The result will be slightly lumpy but more visually striking. Garnished with crushed frozen semen, your Grasshopper will be sure to please the most demanding Semenologist.



Mexican Cumslide

This deliciously sweet drink is the perfect dessert after a light dinner. The creamy concoction graciously incorporates the semen and the almond coffee flavors harmonize well with the delicate nuances of semen.

1 oz Kahlua

1 oz Amaretto liqueur

5 oz Ice cream

1 - 2 oz Whipped cream

1-2 tsp Semen

Chocolate syrup

Combine the liqueurs and ice cream in a bowl. Swirl the semen and chocolate into a frosted glass and add the mixture. Finish with whipped cream and additional chocolate syrup on top.

Resist the temptation to reduce the calorie content of this wonderful drink by using low-calorie dairy products. Semen is an excellent choice for the weight conscious. If you have a larger volumes stored in the freezer it can be slightly thawed to a slush consistency to substitute some of the calorie-laden ice cream.



Long Island Iced Tea

This classic cocktail is notorious for being potent. The spirits combine magically to create a deceptive concoction so delicious that drinkers always underestimate the alcohol content. The semen flavor is slightly overpowered by the other ingredients, but it becomes noticeable once the ice melts and the drink warms to room temperature.

½ oz Vodka

½ oz Tequila

½ oz White rum (or Whiskey)

½ oz Triple sec

½ oz Gin

1 oz Fresh lemon juice

1 oz Sugar syrup

1 - 2 tsp Semen

Cola

Ice

Allow the freshly harvested semen to melt and thoroughly mix it with the syrup in a separate glass. Mix the spirits in a tall glass over ice, then add the semen sugar mixture, stir well before adding the cola. Garnish and serve.



Jim & Tonic

In the 18th century the British army used gin and lime to mask the bitter taste of quinine (a malaria treatment) and the Gin & Tonic was born. I discovered that this mixture also masks the slightly unpleasant taste of semen harvested from smokers. This drink is named after my good friend and heavy smoker – Jim.

2 oz Gin

5 oz Tonic water

½ tsp Semen

Lemon

Ice

First whisk the semen and gin together in a bowl until completely dissolved. Then pour into a glass filled with ice and top with tonic water. Stir well. Garnish with a lemon slice.

Due to the fact that the semen flavors are not easily detected in this drink, some bartenders might be tempted to choose this drink to serve their ejaculate to unconsenting drinkers. This is deceiving and unethical.



Watermelon Gin Jizz

Modern Semenologists have discovered the delicious drinks of the Prohibition Era. This fruity bubbly drink is perfect for a luncheon on a warm sunny afternoon.

Watermelon cubes

1 oz Club soda

½ oz Frozen lemonade concentrate

1 oz Watermelon vodka

1 tbsp Sugar

1-2 tsp Semen

Combine the lemonade concentrate, sugar and vodka and blend well. Add the soda water and frozen watermelon cubes. Garnish with strawberries.

Semenated Frozen Watermelon

Instead of ice I sometimes like to make my drink fancy by using frozen semen-infused fruit. Cut the watermelon, or other fruit, into cubes. Use a food syringe to inject semen into the fruit, then freeze. As the fruit thaws in the drink the white fluid leaks out in glorious streaks.



Semen Hemorrhage

Based on a popular drink made with Bailey's Irish Cream, this recipe uses semen instead. The visually gorish effect of the coagulated semen may cause some drinkers to hesitate, but once your guests taste it - they will want more.

1 oz Peach schnapps

1 tsp Fresh semen

5 drops Grenadine

Pour the schnapps into a shot glass and add a few drops of grenadine. Slowly, very slowly, add the unmelted semen and top with more grenadine. The semen will slightly coagulate.

I once served a tray of these at a Halloween party but as I needed more volume I used frozen semen and the hemorrhaging effect wasn't satisfactory. Since then, I always make sure to have plenty of freshly harvested semen available when I make this drink.



Orgasm on the Beach

The classic drink Sex on the Beach is served throughout the world. It comes in many variations, and my version is a combination of the International Bartenders' Association's recipe and the type found in Mr. Boston's Bartenders Guide.

1 ½ oz Vodka

½ oz Melon liqueur

2 oz Cranberry juice

2 oz Orange juice

1-2 tsp Semen

To create three distinct layers, first mix in orange juice and vodka with ice. Mix cranberry juice and melon liqueur in a separate glass and gently pour it in on top of the orange juice mix using a spoon. Finally add the semen on top for the third layer.

Most recipes call for the drink to be stirred but the layering in this version creates a visually stunning drink that is sure to enthrall drinkers.

I once got into an argument with a bartender about whether the IBA or the Mr. Boston type of Sex on the Beach was the true one. After a whole night of arguing (and drinking), we ended up compromising using melon liqueur instead of peach schnapps. This version with added semen is how I serve the cocktail.



Piña Cum Laude

The classic piña colada is a wonderful exotic drink that combines coconut cream and pineapples with light rum. Semen adds an additional exotic twist to the mixture, earning it a true Cum Laude status.

3 oz Light rum

3 tbsp Coconut cream

3 tbsp Crushed pineapples

1 tbsp Semen

2 cups Crushed ice

Pour all the ingredients into a blender with the crushed ice and blend at high speed for a few seconds. Pour into a beautiful glass. Blending the semen at high-speed ensures a wonderful foamy consistency.

Alternatively, add the semen as a final step, gently folding it into the drink. This makes the drink more robust, as the delicate nuances of masculinity are preserved in small pockets of flavor.



Bellini Di Seme

This classic cocktail originates from the beautiful city of Venice. It is made from Prosecco, which is an Italian sparkling wine and fresh peach purée. Although I have yet to try it, I like to imagine that Italian semen would add an exciting twist.

2 oz Peach purée

3 oz Prosecco wine

Fresh semen

First mix the semen and peach purée. Then simply pour the mixture into a champagne glass, and gently add the Prosecco. Stir very carefully to avoid stirring out the bubbles.

Other sparkling wines than the Italian Prosecco can also be used, but the Prosecco wine has the perfect acidity and fruitiness that so well balances the almondy semen undertones.



Semen Bomb

Dropping shot glasses of spirits into beer has been popular for a long time. This recipe uses a shot of semen to reach a new level of visual and gustatory sensation.

Tall glass of beer

Semen

Ejaculate into a shot glass and simply drop it into a tall glass of cold beer, twisting as you drop it. Watch as the semen mixes with the beer and drink it once the shot glass has released most of its load. Semenology does not get better or easier than this.

For a stronger drink, and if you do not have enough volume to fill the shot glass, dilute the semen with vodka.

When hosting a cocktail party it is important to cater to the visual sense as well as to the palate. I use a spotlight to highlight the semen proliferating into the glass. I also prefer to use a lager as darker beers hide the stunning visual display.







Galliano Cum Shot

Galliano is an Italian herbal liqueur with a distinct yellow color. Despite its unique exotic flavor, it does not overpower the semen at all. In fact, the mellow, spicy vanilla tones enhance the seminal notes.

1 oz Galliano

1 oz Freshly brewed coffee

1-2 tsp Semen

Whipped cream

Mix the two creams before beating them stiff. Pour the Galliano in a shot glass and use a spoon to carefully layer the hot coffee on top. Add the semen cream and drink while still hot.



A Shot of Fotie

This is the ultimate semen shot.

A drink with the pure taste of zesty semen and vodka.

1 oz Semen

½ oz Vodka

Lemon peel

Whisk semen and vodka in a bowl until foamy. Pour into shot glasses and add lemon zest on top.

This recipe calls for larger amounts of prostate milk, more than can be harvested from a producer in a single evening. Therefore, preparation is vital. Semen harvested up to three days in advance can be stored in the fridge, but for longer storage it must be stored in the freezer. I find it convenient to ejaculate directly into a container that I keep in the freezer just for this purpose. Frozen semen should always be thawed slowly at room temperature or in the fridge in order to minimize deterioration.

My dear friend Rickard says that this drink pairs fabulously with crayfish.



Tequila Cum Shot

Tequila shots are classic frat party drink; this recipe adds the exciting semen dimension.

2 oz Top-shelf tequila

Lemon

2 tsp Semen

Salt

Xanthan gum

The trick to successful tequila cum shots is to thicken the fresh semen so that it stays on your hand. Place a dab of sticky sauce between your thumb and index finger along with a pinch of salt. With the lemon wedge between your fingers, grab the tequila glass with the other hand. Lick the salty cum off your hand, drink the shot and finish by biting into the lemon.

To thicken the semen I use Xanthan gum, though powdered gelatin could also be used. Sprinkle a tiny pinch of Xanthan gum into the semen and whisk with a fork. Be careful not to add too much as this will turn it into an unappetizing clump.







Frequently Asked Questions

What is the nutritional value of semen?

Semen contains a good balance of fructose sugars, protein, enzymes, vitamins and minerals. On its own, semen meets the criteria for a low-carb food. See Nutrition Facts label.

Nutrition Facts	Amount/Serving %DV*		Amount/Serving %DV*	
Serv. Size 1 Tsp (5ml) Calories 6 Calories from Fat 0	Total Fat 0 mg	0%	Total Carb. 300mg	0.1%
	Sat. Fat 0mg	0%	Sugars 300mg	
	Trans Fat 0mg	0%	Dietary Fiber 0g	0%
	Cholesterol 0mg	0%	Protein 150mg	0.2%
	Sodium 0mg	0%		
*Percent Daily Values (DV) are based on a 2,000 calorie diet				
Vitamin A 1% • Vitamin C 14% • Potassium 7% • Zink 3%				
Ingredients: water, fructose sugar, ascorbic acid, calcium, chlorine, citric acid, creatine, deoxyribonucleic acid, glutathione, lactic acid, magnesium, nitrogen, phosphorous, potassium, purine, pyrimidine, sodium, sorbitol, spermidine, vitamin B12, zinc.				

What are the health and safety considerations when consuming semen?

Sadly, the scientific community has not yet studied this issue enough to give us a conclusive answer. My principle is that a healthy producer equals healthy semen. I would only consume semen from a producer whom I would be willing to have sexual relations with.

Can I secretly add semen to surprise my friends?

No. Never. As with my recipes in *Natural Harvest: A Collection of Semen-based Recipes*, these cocktails are only meant for consenting adults.

Can semen be considered vegetarian?

I would consider semen to be vegetarian but not vegan.

How can I enhance the flavor of my semen?

I have found that ginger positively affects the flavor, and in general a diet rich in fresh fruits also works well. I prefer naturally healthy semen, and am skeptical to the various dietary supplements sold to enhance semen flavor.

Can human semen be substituted with animal semen?

You can buy straws of animal semen, but it is very expensive. Besides I think that using bought semen reduces semen to just another ingredient.

What should I consider when experimenting with semen drinks?

Semen is easier to successfully mix with liquids when it has melted. Freshly harvested semen is thick and lumpy but quickly “melts” to a more fluid state. Also, mixing semen with acidic liquids sometimes makes it curdle.

I am always interested in new culinary uses of semen, and love when my fans send me their favorite recipes. Email:

semenbook@gmail.com Twitter: **[@semenbook](https://twitter.com/semenbook)**



Special Thanks

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